

February 29, 2024

The Honorable Cecilia Aguiar-Curry
State Capitol
P.O. Box 942849
Sacramento, CA 94249-0004

RE: SUPPORT FOR AB 1975 proposed by Assembly Member Mia Bonta advocating for medically supportive food and nutrition interventions covered by Medi-Cal program.

Dear Assembly Member Aguiar-Curry,

My name is Polina Nizhegorodtseva and I am a Clinical Nutrition student who resides in your district.

I am writing to express my support for AB 1975, which aims to implement nutrition interventions and medically supportive food covered by Medi-Cal program in low- income households.

I believe that this bill is important to process for several reasons. First of all, it acknowledges that nutrition intervention is a crucial part of health care when treating chronic conditions. Secondly, nutrition is an extremely useful tool to prevent those chronic health conditions in the first place by making healthy nutrient- dense foods accessible. Thirdly, early prevention of chronic conditions in low-income populations can reduce healthcare costs in the long-term.

AB 1975 will be a powerful implementation in the health care system. My strong support of this bill is also based on my personal story. My mother had surgery last year for a hip joint replacement. The nutritional plan that was proposed to her by one of the health professionals at the clinic contributed a significant improvement in her recovery and overall well-being. It took her a very short time to get back on her feet and walk independently because she was given medically supportive food. However, our family has been struggling with the cost on a daily basis. It is fascinating that the bill AB 1975 can help people like my mom but with no additional cost for food and nutritional intervention.

I urge you to vote for a support of AB 1975 and make nutrition care accessible for Medi-Cal recipients.

Sincerely,

A handwritten signature in black ink, appearing to read 'Polina', with a stylized flourish at the end.

Polina Nizhegorodtseva,
1133 Olive Drive
Davis, CA, 95616



* Indicates required fields

First Name *	Last Name *		
<input type="text" value="Polina"/>	<input type="text" value="Nizhegorodtseva"/>		
Address *	City *	Zip Code *	
<input type="text" value="1133 Olive Dr"/>	<input type="text" value="Davis"/>	<input type="text" value="95616"/>	
Phone Number	Ext.	Phone Number Type	
<input type="text" value="(971) 297-2374"/>	<input type="text" value="1"/>	<input type="text" value="Cell Phone"/>	
Email Address *			
<input type="text" value="pnzh@ucdavis.edu"/>			
Select an Issue:			
<input type="text" value="Assistance with State Agency/Department"/>			
Comments			
<div><div>My name is Polina Nizhegorodtseva and I am a Clinical Nutrition student who resides in your district.</div><div>I am writing to express my support for AB 1975, which aims to implement nutrition interventions and</div></div>			
Your privacy is very important to us. By clicking submit, you are agreeing to the practices described in the Privacy and Conditions of Use.			
<input type="button" value="Submit"/>		<input type="button" value="Reset"/>	

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Thank you so much for taking the time to contact me.

I always want to hear from my constituents about legislation or issues affecting our community, and any opinions you may have about what goes on in our district and the State Capitol. I will carefully consider your feedback and update you as I get the opportunity to weigh in on those issues that come before me. Please do not hesitate to contact me with any additional questions, comments, or concerns you may have.

Sincerely,

Cecilia Aguiar-Curry
Assemblymember, Fourth District

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1. AB-1975 Medi-Cal : medically supportive food and nutrition interventions.
2. https://leginfo.legislature.ca.gov/faces/billTextClient.xhtml?bill_id=202320240AB1975&search_keywords=nutrition
3. The author, Mia Bonta, proposes a bill that would implement coverage by Medi-Cal program for a nutrition intervention and medically supportive food for Medi-Cal recipients including low-income households. The bill also proposes to target meals and foods that correspond to specific health conditions and based on the current nutrition guidelines. Nutritional prevention and treatment of chronic conditions will be accessible for people who can't afford it and are part of the Medi-Cal program.
4. I wrote to an Assembly Majority Leader, Cecilia Aguiar-Curry. I wrote my letter to Cecilia Aguiar-Curry who is the Majority Leader of the Health Committee. The bill, AB 1975, was written by Mia Bonta who is the Chair of the same Health Committee.
5. Assembly
6. "Referred to Com. on HEALTH".

"Committees." Committees | Official Website - Assemblymember Cecilia Aguiar-Curry Representing the 04th California Assembly District, a04.asmdc.org/committees-0. Accessed 1 Mar. 2024.

<https://a04.asmdc.org/committees-0>