

POLINA NIZHEGORODTSEVA

CLINICAL NUTRITION

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🌐 www.linkedin.com/in/polina-nizh/

INTERNSHIP & VOLUNTEER EXPERIENCE

UC Davis, Nutrition
Department Laboratory-
present

Proficient in utilizing FoodPro
software to assist with diet data
analysis (supervisor Tatiana Diacova
tdiacova@ucdavis.edu)

The Ren Clinic, Portland-
2021

Volunteer: worked with Dr.
Sara Rapaport, ND, and
assisted cancer patients

Portland Community
College-2020

Tutor/ Volunteer: assisted with
anatomy and biology classes

Siberian State Medical
University- 2018

Academic Training: general care for
Therapeutic and Surgical Patients,
both Adult and
Pediatric

WORK EXPERIENCE

Sales Support Representative

SpotOn / 2022-2023

Provided support and guidance to customers.
Analyzed bank statements and responded to customer inquiries.
Prepared quarterly reports, which I used to analyze customer information
and recommend strategies for improving customer service.

Elderly Caregiver

NurseNextDoor / 2021-2022

Offered companionship and kindness to elderly patients.
Maintained a clean, safe, and well-organized patient environment.
Assisted clients with daily living needs to maintain self-esteem and general
wellness.

PROFESSIONAL AFFILIATIONS

- ➔ UC Davis Nutrition Student
Association
- ➔ Academy of Nutrition and Dietetics
- ➔ UC Davis Pre-Med AMSA

CERTIFICATION

CITI Program-Biomedical
Researchers and staff
2023

UC Laboratory Safety
Fundamentals
2023

ServSafe: Food Protection
Manager Certification
2023

ServSafe California Food Handler
2022

Work-study Certificate
2024

ABOUT ME

I hail from Russia, specifically the frigid
region of Siberia. My upbringing has
instilled a strong sense of adaptability and
fearlessness when taking on new
challenges. I am an ambitious and
motivated individual whose successes
come from her diverse skills, knowledge,
and experiences.